

### How Can I Use Less Plastic?

Listed below are some ways you can replace plastic containers of cleaners and personal items in your house with dissolvable alternatives and/or refillable containers that are better for you and the environment.

#### Replace plastic jugs with laundry detergent sheets



Plastic jugs of laundry soap are heavy to lift, and would you be surprised to learn that they are 60-90% water? Stop lifting all that water and try concentrated soap strips instead. Scan the QR code to the right to read Green Hive's review of the best laundry strips in 2023.



GREEN HIVE  
Best Laundry Strips 2023

#### Replace plastic toothpaste tubes with zero-waste tablets



Toothpaste tablets contain the same ingredients but in solid form, activated by saliva or water. While not generally available in stores yet, there are dozens of subscription services available. Scan the QR code to the right and read about different options in an article by Shape magazine.



SHAPE  
Toothpaste Tablets

#### Replace non-recyclable plastic deodorant with refillable applicators



The plastic of everyday deodorant found in retail stores cannot be recycled, yet there are many companies all over the world that have already addressed this serious pollution issue with refillable applicators. Scan the QR code to the right and read an article by Insider.com to learn more.



INSIDER.COM  
Refillable Deodorant