

COA Calendar September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Labor Day Office Closed	News & Views Hiking Yoga	Podiatrist Chair Yoga Tai Chi w/Kampa ZUMBA BBQ VA - By Appointment Only	Shopping Line Dancing VNA - COA Yoga Walks Around Town MahJongg/Game Day	
11	12	13	14	15
Massage Line Dancing Art Class Gold Zumba	News & Views Hiking Yoga Sen. Tarr's Rep SHINE - By Appointment Only	COA Board Meeting (Tentative) Chair Yoga Tai Chi w/Kampa ZUMBA BBQ Flu Shot Clinic	Shopping Line Dancing Yoga Walks Around Town MahJongg/Game Day	<i>COA Open 10 AM to 4 PM to accept all doantions for the Apple Festival</i>
18	19	20	21	22
Massage Line Dancing Art Class Gold Zumba	World of Science Hiking Yoga Congregate Lunch	Shopping Chair Yoga Tai Chi w/Kampa ZUMBA MahJongg/Game Day	NO LINE DANCING NO VNA - COA NO Yoga NO Congregate Lunch Walks Around Town	COA Office Hours: Monday thru Thursday 9:00 AM to 3:00 PM (978)887-3591
25	26	27	28	29
Massage Line Dancing Art Class Gold Zumba	News & Views Birthday Lunch Hiking Yoga	Chair Yoga Tai Chi w/Kampa Lunch Bunch ZUMBA MahJongg/Game Day	The Friends Annual Meeting Line Dancing Yoga Congregate Lunch Walks Around Town	